



GROUP HEALTH CHECKUP TOUR

Japan's comprehensive health checkup system is a highly advanced preventive healthcare system by global standards. Get a health checkup together with your family, colleagues, and friends to help prevent and detect illness early.

WHAT'S INCLUDED IN THE TOUR

- ✓ Health checkup and test results
- ✓ Japanese tourism
- ✓ Transfer from airport
- ✓ Hotel accommodation
- ✓ Interpreter

<https://trip-japan-ylp.com/overseas@trip-japan-ylp.com>



Contents of a medical checkup

This section describes the tests and services included in our standard health checkup plan.

The following options can be added to the standard plan:

- Early detection of cancer using PET scans
- Detailed cardiac examination using cardiac ammonia PET scan.
- Private room use

01 Basic inspection

Health checkup, physical measurements,
blood pressure measurement
Vision and hearing tests
Urine test

02 Blood test

Anemia, liver function tests
Lipid tests, kidney function tests
Pancreatic function tests
Diabetes, gout tests

03 Electrocardiogram, echocardiogram

Standard cardiac function tests
Abdominal ultrasound

04 Cancer test

Pancreas, biliary tract, lungs
Digestive system, liver
Prostate (male)
Uterus, ovaries, breasts (female)

05 X-ray, CT

Chest X-ray
Pulmonary function test
Chest CT scan
Abdominal CT scan

06 Other services

Interpretation (English, Vietnamese)
Results report (English)

DAY 1

Health checkup tour itinerary



Large shuttle vehicle
4 to 6 people



Microbus
*For large groups



Nagoya Port Aquarium



Nagoya Castle

8:00 Pick-up at Chubu Centrair International Airport

Airport transfers can be adjusted to accommodate one of the following arrival times: - Vietnam Airlines, arrival at 7:00 AM - Vietjet Air, arrival at 8:00 AM

9:30 Nagoya Port Aquarium

One of Japan's leading aquariums
Enjoy watching dolphins and penguins.

13:30 Visiting Atsuta Shrine

Prayers at Atsuta Shrine, where the Three Sacred Treasures are enshrined.

15:00 Nagoya castle tour

Why not experience Japanese castle culture at Nagoya Castle, famous for its golden shachi (mythical sea creatures)?

17:00 Hotel check-in

Please take it easy and rest the day before your health checkup.

DAY 2

Health checkup tour itinerary



Medical checkup(MRI)



Health check venue



hitsumabushi (eel rice bowl).

○ 8:00

Depart from hotel

We provide transportation services from your hotel to the health checkup venue.

○ 8:30

Medical checkup begins

The health checkup takes approximately 3 hours. The start and end times may vary depending on the appointment schedule.

○ 15:00

Completed medical checkup

We will arrange transportation to and from the hotel. After the consultation, you will have free time until dinner.

○ 19:00

Dinner was hitsumabushi

Thank you for your cooperation with the health checkup. Now, we'll enjoy some Nagoya specialty, hitsumabushi.

DAY 3

Health checkup tour itinerary



Nagashima Spaland



Jazz Dream Nagashima

○ 8:00

Depart from hotel

I plan to spend the last day sightseeing and shopping.

○ 9:30

Nagashima Spaland

Enjoy Japan's proud amusement park.

Do you have the courage to ride the steel dragon?

○ 16:00

Jazz Dream Nagashima

An outlet mall with 300 stores.

Enjoy your souvenir shopping at your leisure. Dinner is also available.

○ 20:00

Hotel check-in

Please stay at a hotel near the airport.

Enjoy your time in Japan until your flight departure the following day.

*On your final day, you will return home immediately.

price list



**This tour requires a minimum of 4 participants.
We do not accept bookings for groups of 3 or fewer.**

Tour price

Price per person for groups of 4 to 9 people 275,000JPY

Price per person for a group of 10-20 people 245,000JPY

What's included in the price

- Medical examination fee
- Interpreter (during tour and medical examination)
- Hotel accommodation (3 nights)
- Entrance fees and tickets to the following facilities:
 - * Nagoya Port Aquarium, Atsuta Shrine, Nagoya Castle, Nagashima Spaland
- Car transfer, gasoline, highway tolls, and parking fees
- Lunch on day 1 and dinner on day 2 (drinks not included)

Others QA



QA

Q. What is the maximum number of people who can book?

A. You can book for 1 to 20 people.

However, Tour Plan B is limited to a maximum of 4 people.

The larger the group, the higher the discount.

Q. Is it possible to change sightseeing destinations or extend the length of stay?

A. Customization is possible.

We will provide a separate quote regarding any changes to the price.

Q. Are airfares included in the tour price?

A. Airfares are not included, but can be arranged for an additional fee upon request.

The airlines will be Vietnam Airlines or Vietjet Air.

Q. Is it possible to participate in a tour that only includes a health check?

A. It is possible to change to a plan that does not include sightseeing tours.

contact us

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LINE

