



# MEDICAL CHECKUP TOUR

Japan's comprehensive health checkup system is a highly advanced preventive healthcare system by global standards.

Let's undergo a thorough full-body examination for disease prevention and early detection.

## WHAT'S INCLUDED IN THE TOUR

- ✓ Health checkup and diagnosis results
- ✓ Japan tourism
- ✓ Transfer from airport
- ✓ Hotel accommodation
- ✓ Interpreter

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# Contents of a medical checkup

The tests and services included in Health Checkup Plan A are described in sections 01–05.

Plan B includes the following additional tests and services compared to Plan A:

- Use of a private room
- Screening for cerebral infarction, myocardial infarction, and early-stage dementia
- Brain MRI and MRA, cervical MRA
- CT scans of visceral fat, lungs, upper abdomen, and lower abdomen

## 01 Basic checkup

Health checkup, physical measurements,  
blood pressure measurement  
Vision and hearing tests  
Endoscopy, arteriosclerosis tests  
Helicobacter pylori testing

02

## Cardiopulmonary function tests, X-ray examinations, ultrasound examinations

Electrocardiogram (ECG)  
X-ray examination of the chest and abdomen  
Examination of the abdomen, thyroid, and  
neck  
Ultrasound examination

03

## Blood tests and internal organ function tests

Urine test, lipid test  
Liver function test  
Kidney function test, pancreatic function test  
Blood glucose test, gout test, anemia test,  
syphilis test

04

## cancer scan

Stomach cancer, colon cancer, lung cancer,  
liver cancer  
Pancreatic cancer, gallbladder cancer, bile  
duct cancer  
Prostate cancer (men)  
Estrogen (women)

05

## Other inspections and services

Referral to a medical institution if  
further diagnosis is needed  
Online medical records (English)  
Vietnamese interpretation

# DAY 1

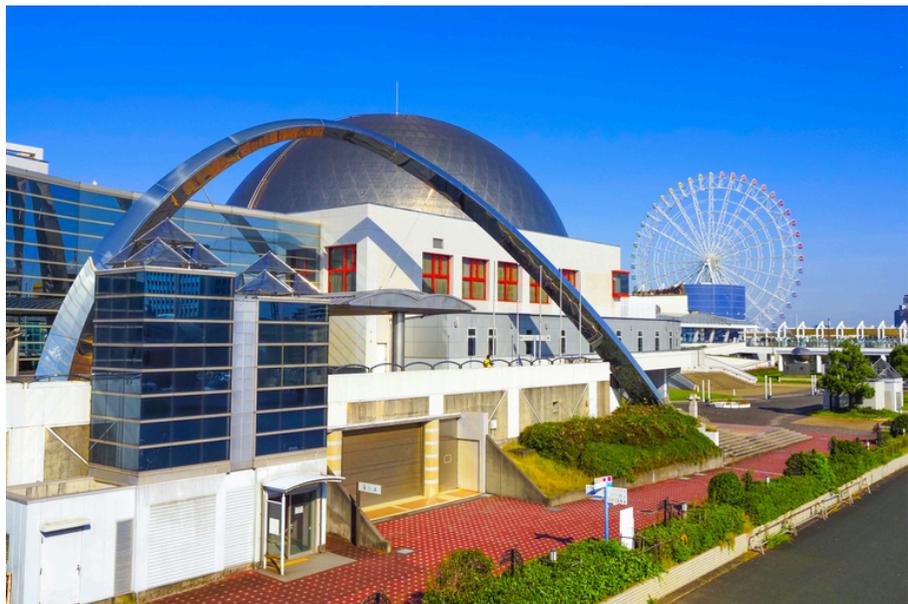
## Health checkup tour itinerary



Luxury  
courtesy car



Microbus  
\*For large groups



Nagoya Port  
Aquarium



Nagoya Castle

- 8:00**  
**Pick-up at Chubu Centrair International Airport**  
Airport transfers can be adjusted to accommodate one of the following arrival times: - Vietnam Airlines, arrival at 7:00 AM - Vietjet Air, arrival at 8:00 AM
- 9:30**  
**Nagoya Port Aquarium**  
One of Japan's leading aquariums  
Enjoy watching dolphins and penguins.
- 13:30**  
**Visiting Atsuta Shrine**  
Prayers at Atsuta Shrine, where the Three Sacred Treasures are enshrined.
- 15:00**  
**Nagoya castle tour**  
Why not experience Japanese castle culture at Nagoya Castle, famous for its golden shachi (mythical sea creatures)?
- 17:00**  
**Hotel check-in**  
Please take it easy and rest the day before your health checkup.

# DAY 2

## Health checkup tour itinerary



Medical checkup(MRI)



Plan B: Private Room



hitsumabushi (eel rice bowl).

○ 8:00

### Depart from hotel

We provide transportation services from your hotel to the health checkup venue.

○ 8:30

### Medical checkup begins

The health checkup takes approximately 4 hours. The start and end times may vary depending on the appointment schedule.

○ 15:00

### Completed medical checkup

We will arrange transportation to and from the hotel. After the consultation, you will have free time until dinner.

○ 19:00

### Dinner was hitsumabushi

Thank you for your cooperation with the health checkup. Now, we'll enjoy some Nagoya specialty, hitsumabushi.

# DAY 3

## Health checkup tour itinerary



**Nagashima Spaland**



**Jazz Dream Nagashima**

**8:00**

### **Depart from hotel**

I plan to spend the last day sightseeing and shopping.

**9:30**

### **Nagashima Spaland**

Enjoy Japan's proud amusement park.

Do you have the courage to ride the steel dragon?

**16:00**

### **Jazz Dream Nagashima**

An outlet mall with 300 stores.

Enjoy your souvenir shopping at your leisure. Dinner is also available.

**20:00**

### **Hotel check-in**

Please stay at a hotel near the airport.

Enjoy your time in Japan until your flight departure the following day.

\*On your final day, you will return home immediately.

# price list



## **Tour price per person**

3-night, 4-day comprehensive health  
checkup tour plan A 460,000JPY

3-night, 4-day comprehensive health  
checkup tour plan B 860,000JPY

## **Tour price for 2 people (total for 2 people)**

3-night, 4-day comprehensive health  
checkup tour plan A 760,000JPY

3-night, 4-day comprehensive health  
checkup tour plan B 1,500,000JPY

## **Tour price for groups of 3 or more people**

Separate estimate

## **What's included in the price**

- Medical examination fee
- Interpreter (during tour and medical examination)
- Hotel accommodation (3 nights)
- Entrance fees and tickets to the following facilities:  
\* Nagoya Port Aquarium, Atsuta Shrine, Nagoya Castle,  
Nagashima Spaland
- Luxury car transfer, gasoline, highway tolls, and parking fees
- Lunch on day 1 and dinner on day 2 (drinks not included)

# Others QA



## QA

Q. What is the maximum number of people who can book?

A. You can book for 1 to 20 people.

However, Tour Plan B is limited to a maximum of 4 people.

The larger the group, the higher the discount.

Q. Is it possible to change sightseeing destinations or extend the length of stay?

A. Customization is possible.

We will provide a separate quote regarding any changes to the price.

Q. Are airfares included in the tour price?

A. Airfares are not included, but can be arranged for an additional fee upon request.

The airlines will be Vietnam Airlines or Vietjet Air.

Q. Is it possible to participate in a tour that only includes a health check?

A. It is possible to change to a plan that does not include sightseeing tours.

## contact us

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LINE

